



Central Bedfordshire

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Area type: Unitary authority
Region: East of England

Local Authority Health Profile 2019

This profile gives a picture of people's health in Central Bedfordshire. It is designed to act as a 'conversation starter', to help local government and health services understand their community's needs, so that they can work together to improve people's health and reduce health inequalities.

Visit <https://fingertips.phe.org.uk/profile/health-profiles> for more area profiles, more information and interactive maps and tools.

Health in summary

The health of people in Central Bedfordshire is generally better than the England average. About 11.3% (5,765) children live in low income families. Life expectancy for both men and women is higher than the England average.

Health inequalities

Life expectancy is 6.4 years lower for men and 5.6 years lower for women in the most deprived areas of Central Bedfordshire than in the least deprived areas.

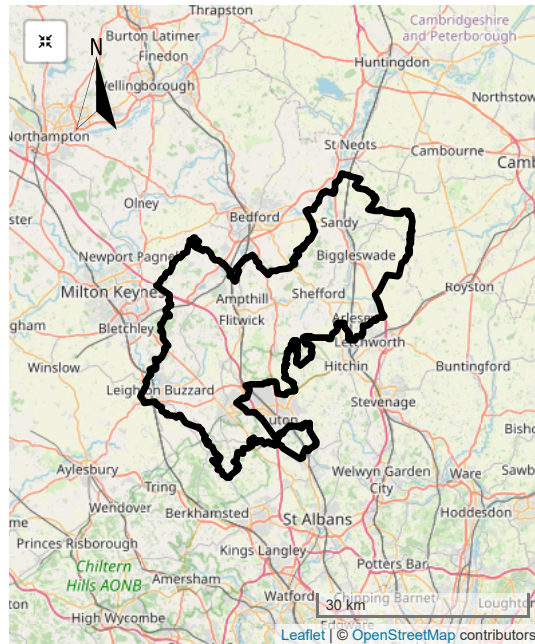
Child health

In Year 6, 14.9% (482) of children are classified as obese, better than the average for England. The rate for alcohol-specific hospital admissions among those under 18 is 24*. This represents 15 admissions per year. Levels of GCSE attainment (average attainment 8 score) are worse than the England average. Levels of breastfeeding and smoking in pregnancy are better than the England average.

Adult health

The rate for alcohol-related harm hospital admissions is 587*, better than the average for England. This represents 1,613 admissions per year. The rate for self-harm hospital admissions is 163*, better than the average for England. This represents 440 admissions per year. Estimated levels of smoking prevalence (in routine and manual occupations) are better than the England average. The rates of new sexually transmitted infections and new cases of tuberculosis are better than the England average. The rate of killed and seriously injured on roads is worse than the England average. The rates of statutory homelessness, violent crime (hospital admissions for violence), under 75 mortality rate from cardiovascular diseases and employment (aged 16-64) are better than the England average.

* rate per 100,000 population



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Local authority displayed with full resolution clipped boundary

Health summary for Central Bedfordshire

Key

Significance compared to goal / England average:

Significantly worse	Significantly lower	↑ Increasing / Getting worse	↑ Increasing / Getting better
Not significantly different	Significantly higher	↓ Decreasing / Getting worse	↓ Decreasing / Getting better
Significantly better	Significance not tested	↑ Increasing	↓ Decreasing
		↑ Increasing (not significant)	↓ Decreasing (not significant)
		— Could not be calculated	→ No significant change

Life expectancy and causes of death

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
1 Life expectancy at birth (male)	All ages	2016 - 18	n/a	81.0	80.3	79.6	↓
2 Life expectancy at birth (female)	All ages	2016 - 18	n/a	84.3	83.7	83.2	↓
3 Under 75 mortality rate from all causes	<75 yrs	2016 - 18	2127	283.3	302.1	330.5	↓
4 Mortality rate from all cardiovascular diseases	<75 yrs	2016 - 18	414	55.4	63.4	71.7	↓
5 Mortality rate from cancer	<75 yrs	2016 - 18	932	124.8	126.0	132.3	↓
6 Suicide rate	10+ yrs	2016 - 18	67	8.97	9.96	9.64	↑

Injuries and ill health

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
7 Killed and seriously injured (KSI) rate on England's roads	All ages	2016 - 18	416	49.5	46.7	42.6 ~	—
8 Emergency hospital admission rate for intentional self-harm	All ages	2018/19	440	163.0	173.1	193.4	↑
9 Emergency hospital admission rate for hip fractures	65+ yrs	2018/19	255	526.1	563.5	558.4	↑
10 Percentage of cancer diagnosed at early stage	All ages	2017	594	56.8	54.7	52.2	↑
11 Estimated diabetes diagnosis rate	17+ yrs	2018	n/a	79.4	76.7	78.0	↑
12 Estimated dementia diagnosis rate	65+ yrs	2019	1712	57.0 *	65.7 *	68.7 *	↓

Behavioural risk factors

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
13 Hospital admission rate for alcohol-specific conditions	<18 yrs	2016/17 - 18/19	45	24.4	23.4	31.6	↑
14 Hospital admission rate for alcohol-related conditions	All ages	2018/19	1613	586.5	633.6	663.7	↑
15 Smoking prevalence in adults	18+ yrs	2018	30417	13.8	14.0	14.4	↓
16 Percentage of physically active adults	19+ yrs	2017/18	n/a	63.4	65.4	66.3	↓
17 Percentage of adults classified as overweight or obese	18+ yrs	2017/18	n/a	61.0	62.1	62.0	↓

Child health

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
18 Teenage conception rate	<18 yrs	2017	72	16.0	16.0	17.8	↑
19 Percentage of smoking during pregnancy	All ages	2018/19	270	8.59	9.68 ~	10.6	↑
20 Percentage of breastfeeding initiation	All ages	2016/17	2373	77.0	76.1	74.5	↑
21 Infant mortality rate	<1 yr	2016 - 18	34	3.43	3.36	3.93	↑
22 Year 6: Prevalence of obesity (including severe obesity)	10-11 yrs	2018/19	482	14.9	18.0	20.2	↓

Inequalities

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
23 Deprivation score (IMD 2015)	All ages	2015	n/a	12.2	-	21.8	—
24 Smoking prevalence in adults in routine and manual occupations	18-64 yrs	2018	n/a	17.3	25.7	25.4	↓

Wider determinants of health

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
25 Percentage of children in low income families	<16 yrs	2016	5765	11.3	14.1	17.0	↓
26 Average GCSE attainment (average attainment 8 score)	15-16 yrs	2018/19	128043	45.5	47.0	46.9	↓
27 Percentage of people in employment	16-64 yrs	2018/19	149100	83.7	78.4	75.6	↑
28 Statutory homelessness rate - eligible homeless people not in priority need	Not applicable	2017/18	14	0.12	0.65	0.79	↓
29 Violent crime - hospital admission rate for violence (including sexual violence)	All ages	2016/17 - 18/19	260	31.9	33.6	44.9	↑

Health protection

Indicator	Age	Period	Count	Value (Local)	Value (Region)	Value (England)	Change from previous
30 Excess winter deaths index	All ages	Aug 2017 - Jul 2018	182	26.8	30.9	30.1	↑
31 New STI diagnoses rate (exc chlamydia aged <25)	15-64 yrs	2018	820	460.2	614.9	850.6	↑
32 TB incidence rate	All ages	2016 - 18	17	2.02	5.65	9.19	↓

For full details on each indicator, see the [definitions tab of the Local Authority Health Profiles online tool](#).
For a full list of profiles produced by Public Health England, see the [fingertips website: https://fingertips.phe.org.uk/](https://fingertips.phe.org.uk/)

Indicator value types

1,2 Life expectancy - years 3,4,5 Directly age-standardised rate per 100,000 population aged under 75 6 Directly age-standardised rate per 100,000 population aged 10 and over 7 Crude rate per 100,000 population 8 Directly age-standardised rate per 100,000 population 9 Directly age-standardised rate per 100,000 population aged 65 and over 10 Proportion - % of cancers diagnosed at stage 1 or 2 11 Proportion - % recorded diagnosis of diabetes as a proportion of the estimated number with diabetes 12 Proportion - % recorded diagnosis of dementia as a proportion of the estimated number with dementia 13 Crude rate per 100,000 population aged under 18 14 Directly age-standardised rate per 100,000 population 15,16,17 Proportion 18 Crude rate per 1,000 females aged 15 to 17 19,20 Proportion 21 Crude rate per 1,000 live births 22 Proportion 23 Index of Multiple Deprivation (IMD) 2015 score 24 Proportion 25,26 Slope index of inequality 27 Proportion 28 Mean average across 8 qualifications 29 Proportion 30 Crude rate per 1,000 households 31 Directly age-standardised rate per 100,000 population 32 Ratio of excess winter deaths to average of non-winter deaths 33 Crude rate per 100,000 population aged 15 to 64 (excluding Chlamydia) 34 Crude rate per 100,000 population

* Value compared to a goal (see below)
~ Aggregated from all known lower geography values

Thresholds for indicators that are compared against a goal

Indicator Name	Green	Amber	Red
12 Estimated dementia diagnosis rate (aged 65 and over)	>= 66.7% (significantly)	similar to 66.7%	< 66.7% (significantly)

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